

## Active and independent living with a Personal Support Assistant



### Enrych Assist

- Personal Assistants, recruited and employed by Enrych - no employment hassles for you
- PAs carefully chosen to match your requirements
- Help with everyday activities (not personal care)
- Enabling your independence
- Fully trained and DBS checked
- Personal Budget holders & private clients welcome
- Healthcare professional and self referrals accepted
- 30 successful years of supporting people

## What does Enrych Assist offer?

Our Enrych Assist service is for people who want regular one-to-one support with their day-to-day activities from a personal assistant they can trust and depend on.

Personal Assistants can help with a variety of activities such as getting out and about, jobs around the house, gardening, shopping, going to appointments, and whatever you need to do.

All our Personal Assistants are trained by Enrych and have an enhanced DBS (formally CRB) check. We carefully match our PAs to meet each client's requirements.

## How can I get support from Enrych Assist?

We accept referrals from healthcare professionals, local authorities or directly from individuals. The only criteria is that we are able to support your particular needs. **Please note we do not provide personal care.**

We support people who have funded support from the local authority via a framework or a cash payment, and we also support people who pay for services themselves.

## What will my PA do?

This will depend on your Support Plan (if you have one) and your requirements. But in all cases, PAs are there to enable you to live as independently as possible and to live your life, your way.



## What do Enrych clients say about their PAs?

*“My PA has enabled me to go shopping rather than shopping online. This has increased my confidence and I have joined classes and can enjoy going to the cafe”*

*“The Enrych PA has achieved outcomes for my son we never thought possible”*

*“I could not have a better PA”*

## What do Enrych PAs find most rewarding?



*“Helping my client to find a voluntary job and hearing about how much he was enjoying it”*

*“When my client walked across the finish line of Race For Life, and helping her do that”*

*“Helping a lady that hadn’t left the house for over a year to have confidence to just walk down her garden”*

*“My client having the confidence to go into a shop alone”*

## Our Values

We look beyond a person’s disability, and believe that they should:

- Be given the opportunity to reach and recognise their potential
- Be able to live the lives they want
- Not be defined by their disability
- Tailor their own service

## Our Vision

Every adult with a disability is given the opportunity to **recognise their potential, to connect, to engage and to enjoy life** within their community.

## Did you know?

- Our charity, Enrych has supported disabled people for 30 years
- Our name ‘Enrych’ reminds us of our founders (husband and wife Leonard **Ch**eshire and Sue **Ry**der) whilst explaining what we do – enriching lives.

## Other Enrych Activities

We organise a wide range of activities through **Enrych Support**

- Activity Groups
- Volunteer partnerships and supported introductions to other groups
- Social programme - outings/lunches/trips and newsletter

For more information, contact us on the numbers below.



## Tell me more about Enrych

We are a registered charity and a company limited by guarantee. We are not CQC registered. We have a comprehensive range of policies, including Health and Safety, Data Protection, Confidentiality, Compliments and Complaints, Safeguarding and Whistle Blowing. You are welcome to see any of our policies.

### How to contact us



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**Enrych is a charity that supports adults with a disability to enjoy the most active and independent lives possible**

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