



Enrych's values

We believe that people should...

- be given the opportunity to reach and recognise their potential
- be able to live the lives they want
- tailor their own service



Formally RCV - a charity founded by
Sue Ryder and Leonard Cheshire
Registered Charity: 1088623

Contact Us:

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Enrych Assist

Personal Assistant and Support Service

Helping you take control of your life
and manage your mental health

To find out more, call 01530 832 926
or email deb.morris@enrych.org.uk

What we offer

- ✓ A person-centred mental health Personal Assistant service
- ✓ One-to-one support from someone you can trust
- ✓ Support, Choice, Control and Independence

You can purchase the support you need, so you can live your life as independently as possible: For example

- ✓ Support to manage paperwork and appointments
- ✓ Support with shopping
- ✓ Accessing local facilities eg cinema, theatre, library, leisure centre etc
- ✓ Accessing voluntary work, educational or employment opportunities

Who can use this service?

This service is open to anyone with ongoing or episodic mental health needs. We currently cover Leicestershire and Derbyshire.

For more info, call 01530 832 926 or email deb.morris@enrych.org.uk

Why choose Enrych?

- ✓ 30 years' experience of supporting people
- ✓ 30 year track record in managing successful matching services
- ✓ A local charity – we have been active in this area for 25 years
- ✓ Includes access to the Enrych social calendar - events, lunches, outings and more



Achieving your goals – your way

What does it cost?

There is a charge of £15 per hour plus any associated costs such as transport, bus fares and entrance fees. Support is provided in blocks of 2 hours or longer.

Sue has a PA and says

“I would never be able to do what I do, and would never have had the same opportunities if I hadn't got my own PA”

About Enrych

Our charity started out in 1986 with the name Ryder-Cheshire Volunteers. In 2011 we became Enrych, a name which recognises our founders, Sue **RY**der and Leonard **CH**eshire and says what we are about - **enriching** lives.

