

Enrych Bucks Update

A local charity that changes the lives of adults with disabilities

Summer 2016

Issue 11

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Hello everyone and welcome to our Summer newsletter

We hope this newsletter finds all of you well and that you are enjoying the warmer weather, between the



showers at least.

Thank you to everyone who attended our fantastic canal boat trip from Kings Langley in April. The outing was thoroughly enjoyed by all who attended, with members and volunteers alike taking turns to open the locks and sun themselves on the back of the boat!



We are planning a day trip to the seaside in September; probably to Brighton, and the cost will be about £25. Please let Beth or Sharon know if you are interested so we have an idea of numbers.



We shall also be holding a summer party to celebrate five years of Enrych Bucks being in operation. It's on Sunday 10th July from 15:00-17:30 at the Old Millwrights Arms, 83 Walton Road, Aylesbury, HP21 7SN. Martin, our trustee and vinyl addict, will entertain us with a range of tracks. Please join us for an afternoon of music, and company!

The pub lunch has returned to the Horse and Jockey, Buckingham Road, Aylesbury, HP19 9QL by member agreement.



The lunch will remain there until we have a better idea that we can agree on!

The Enrych lunch is from 12:00 to 14:00 on the second Wednesday of the month. All members and volunteers are welcome.

Upcoming dates for the lunches are:

13th July,
10th August,
14th September.



Congratulations to Jenny!

Jenny stopped work at the end of May to take maternity leave. Her little baby girl was born on 15th June. We are sure that all of our members and volunteers will want to join us in congratulating Jenny and Richard and wishing them every happiness.

HELP US TO HELP
OTHERS

PLEASE DONATE AT:
www.buckinghamshire.enrych.org.uk

FROM THERE, CLICK
ON DONATE TODAY

THANK YOU

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We are all Enrychers...

On 11th May Beth and Jenny, along with several Enrych Bucks trustees, joined all the other Enrych branches to celebrate the 30th anniversary of the founding of the national charity by Leonard Cheshire and Sue Ryder. A feature of the day was the unveiling of the 'I'm an Enrycher' scheme. Here are Beth and Jenny receiving an Enrycher award on behalf of all the people



who volunteer with Enrych Bucks—thank you to all of you, we wouldn't exist without you.

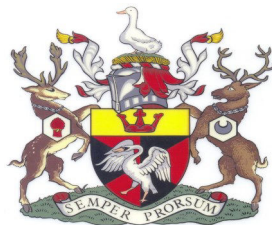
And here are the Bucks delegates smiling for

the camera... It was an uplifting day for all of us who went.



Thank you, Aylesbury Town Council

We are very pleased to have been awarded a grant of £2,000 by Aylesbury Town Council.



This is in recognition and support of our work to enrich the lives of Aylesbury residents with disabilities.

Several Councillors are planning to attend our monthly lunch on 13th July for a photo opportunity with a display-size cheque. Please join us to say thank you to the Town Council.

We are very grateful to all the organisations that provide us with funding, including Aylesbury Vale Community Chest and Bucks County Council.



Well done to our photography group

The group took part in Community Impact Bucks' Social Action Competition and came 11th out of 32 entries. It meets every Wednesday in Trinity church, Walton Street. New members are welcome.

Please support Peter's parallel event

Peter Evans, a stroke survivor and loyal member of Enrych, is taking part in the Parallel London event on 3rd September, to raise funds for us. See details and support him at:

<https://mydonate.bt.com/fundraisers/peterevansparallel>

Volunteer Opportunity (lots more on our website)

Walks with Lyn? Lyn would love to get out more but is finding it difficult on her own due to a visual impairment. Would you like to join her for walks around The Chilterns and a cup of coffee? If you're interested please get in touch with Sharon on 07511 142268.