



#### **Got A Question?**

01530 832926



Step into a world of warmth and inclusivity at our Feel Good Café, where every cup of tea and conversation is a celebration of inclusivity. Nestled in the heart of the community, our café is a sanctuary designed to embrace individuals from all walks of life. Whether you're seeking a space to unwind, connect, or find solace, the Feel Good Café is your haven.

Attend for only £1.50 and enjoy refillable tea, coffee and cake.

Join us every
Tuesday at the
Marlene Reid
Centre, 9:30am 12:30pm.





## BOCCIA& MULTISPORT

Calling all game enthusiasts! Get ready to join our award winning group, get active, make new friends, and experience the ultimate joy of sports, tailored just for you.

Boccia is a delightful game, a lot like lawn bowls but indoors! It's perfect for all ages, genders and abilities to enjoy. It's a game that welcomes everyone, whether you're a seasoned pro or a first-timer eager to learn the ropes.

EVERY THURSDAY

11:30 AM - 1:30 PM

STEPHENSON WAY, COALVILLE, LE673FE





# TRY BOCCIA!

Calling all game enthusiasts! Get ready to join our award winning group, get active, make new friends, and experience the ultimate joy of sports, tailored just for you.

Boccia is a delightful game, a lot like lawn bowls but indoors! It's perfect for all ages, genders and abilities to enjoy. It's a game that welcomes everyone, whether you're a seasoned pro or a first-timer eager to learn the ropes.

EVERY WEDNESDAY
3:15PM - 4:15PM

SHEPSHED GLENMORE CENTRE, LE12 9 L U









## WHATIS ENRYCH?

Enrych is a mental health and disability charity promoting living with purpose, based in Leicestershire. Originally set up in 1986 by Leonard Cheshire and Sue Ryder we have been supporting people to unlock their full potential for over 35 years.

### What We Offer?

- One to One Support Service
- Employability Support Programme
- Job Coaching
- Award Winning Community
   Activities and Events

JOIN OUR COMMUNITY



